

Marley's Mail – August 2022 ANNIVERSAR



Skin Checks – it's as easy as ABC...

How to: Check all spots on your body, from moles to freckles to age spots. Skin cancer can develop anywhere on the skin and is one of the few cancers that you can usually see.

Get into the habit of checking your skin - Ask someone for help when checking your skin, especially in hard to see places. Don't forget to check the sole of your feet and under your nail beds and your scalp. Skin cancers rarely hurt and are much more frequently seen than felt.

Skin cancer warning signs: ABCDE

Asymmetry – One part of the mole or birthmark doesn't match the other.

Border – The edges are irregular, ragged, notched or blurred.

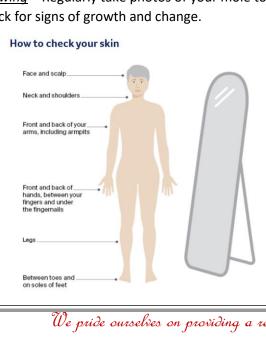
Colour – The colour is not the same all over and may include shades of brown or black, sometimes with patches of pink, red, white or blue.

Diameter – The spot is larger than ¼ inch across – some melanomas can sometimes be smaller than this.

Elevation – The mole is changing in size, shape or colour.

Firm – Run your finger over your mole and feel for firmness.

<u>Growing</u> – Regularly take photos of your mole to check for signs of growth and change.

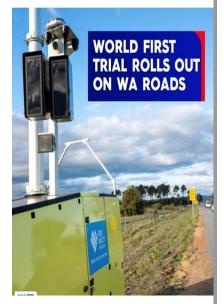


Speed, Mobile Phone,

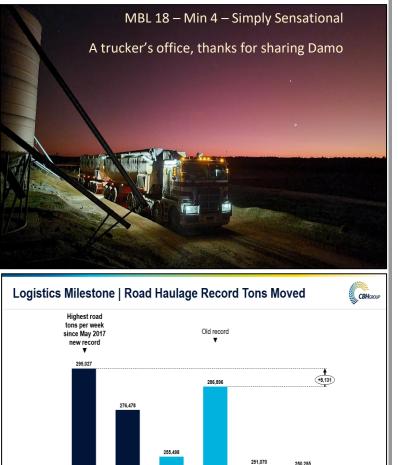
Seatbelts Detection

Devices.

Distraction is a killer; WA Police have notified that they are trialing the implementation of 6 new devices to target the above areas. These will be applied in the metro and regional areas. WARNING - If you speed, don't wear your seatbelt or use your phone whilst driving you ARE jeopardising your licence, livelihood and placing YOUR LIFE and others at RISK



TIME FOR CHANGE



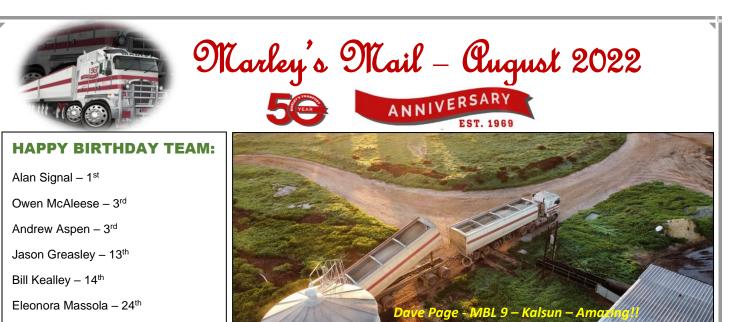
Weekly road tonnage moved to Port. Historically only six weeks (illustrated above) have ever been above 250kt si The last two weeks in June (dark blue) have both exceeded 275kt

CBH – Road Haulage All Time Record Broken - During the last 6 years there have only been 6 weeks above 250KT. Two of them occurred consecutively in the last two weeks of June 2022. The highest road tonnage moved over the last 12 years in one week was the record of 286kt set in May of the big

harvest of 2017. End of June 2022 that record was broken with 295K ton

above 250kt since 2016.





Jason Reid – 25th Trent Caplan – 28th

Glenn Barlow – 29th

You wouldn't want to be anyw

Special Thanks

Salli Hodgetts - Celebrating 2 years at Marley's on the 17^{th} .

Brett Rowland - Celebrating 6 years at Marley's on the 26th.

Ricky Holland - Celebrating 13 years at Marley's on the 16th.

CJ Elliott - Celebrating 15 years at Marley's on the 26th.

Thank you all for your hard work and dedication to the Marley team!

MBL 50 – Unloading pellets for NZ at Pinnacle Grains

All Hazards

If you have a concern, please report it via the Hazard Report Form tab on your tablet or on the web page. This will come <u>directly</u> <u>through to Compliance, who will call to</u> <u>discuss further. Photos can be uploaded</u> <u>using your tablet</u>

Welcome to Marleys Transport

Home Application for Leave Update Details Hazard Report

Please click on the menu bars at the top left of your scree

Application for Leave

Hazard Report Form

Update Details

Welcome new members to Team Marley

Alex Booth - Workshop Jack McAuliffe - Workshop Jonathon Campbell -Driver Alem Basagic - Driver

Darryl Dalgetty - Driver Derek Carter - Driver

Mitchell Geier - Workshop



We pride ourselves on providing a reliable and efficient transport service to our customers