



# MARLEY'S MAIL - May 2018

Email: [admin@marleys.com.au](mailto:admin@marleys.com.au), website: [www.marleystransport.com.au](http://www.marleystransport.com.au)

## Sending Birthday Wishes

to:

Cliff Ngataki - 3 May

Tristan Carey - 3 May

Chris Rankin - 4 May

Andy Cho - 10 May

John Lord - 12 May

Rick Kelly - 14 May

Bruce Stephens - 21 May

Mason Sawyer - 29 May

Chris Treasure - 29 May

Ricky Holland - 31 May

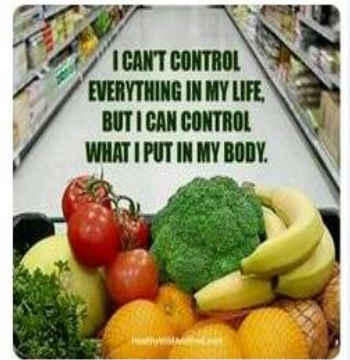


*Mob 42 - Wow, what a magnificent moment in time.*

*Thanks Nathan for sharing with us.*



## Healthy Trucker:



Stay positive, Work Hard,  
make it happen.

## JUST LIKE YOUR TRUCK THE RIGHT FUEL IN YOUR BODY MAKES IT RUN BETTER

Are you getting enough raw fruit and vegetables a day?

We all know there is a gap between what we should eat and what we do actually eat.

Imagine if there was a **magic pill** you could take in your truck that could give you 30 servings before you even start your day! And for less than the price of a cup of coffee!

There is!

Juice Plus+ are cold pressed capsules, which provide nutrition from 48 different fruits, vegetables and grain, plants and algal oils, to help you bridge the gap to a healthy lifestyle. No nasties.

Start your journey today!

[courtneyrankin.juiceplus.com.au](http://courtneyrankin.juiceplus.com.au)  
[www.facebook.com/soulflowhub](http://www.facebook.com/soulflowhub)

## Most Annoying Things In The World Test.

1 POINT FOR EVERY ONE YOU HATE TOO

- SLOW WALKERS
- PEOPLE CHEWING LOUDLY
- PEOPLE WHO PULL THE TOILET ROLL FROM THE BOTTOM
- RUDE SHOP ASSISTANTS
- SPAM EMAIL
- Z-LIST CELEBS
- TOILETS YOU HAVE TO PAY FOR
- NOSEY PEOPLE
- QUEUE JUMPERS
- STEPPING ON GUM
- NOISY NEIGHBOURS
- AUTOMATED PHONE SYSTEMS
- BAD DRIVERS
- REALITY TV
- PARKING COSTS
- POLITICIANS
- LATE BUSES
- PEOPLE WHO CAN'T PARK
- GETTING SOMETHING IN YOUR EYE
- TRYING TO FIND THE END OF THE STICKY TAPE
- MESSY CO-WORKERS
- GOSSIPERS
- CONDESCENDING PEOPLE
- MOBILE PHONE OBSESSIVES
- PEOPLE WHO STEAL FOOD FROM YOUR PLATE
- WAKING UP EARLY ON THE WEEKEND
- COLD CALLERS
- PINEAPPLE ON PIZZA
- PEOPLE DRIVING 10 MILES BELOW THE SPEED LIMIT
- GETTING COMFORTABLE IN BED THEN NEEDING TO PEE
- WHEN YOU'VE BEEN CHARGING YOUR PHONE FOR AN HOUR THEN REALISE IT'S NOT PLUGGED IN
- STUBBING YOUR TOE
- GETTING IN THE SHOWER AND REALISING YOU FORGOT THE TOWEL
- WHEN YOU'RE ABOUT TO SNEEZE AND IT GOES AWAY
- TANGLED EARPHONES
- WHEN YOUR UMBRELLA TURNS INSIDE OUT IN THE WIND
- CO-WORKERS TALKING LOUDLY
- PEOPLE WHO DON'T USE THEIR CAR BLINKER
- MEN WHO TRY TO EXPLAIN THINGS TO YOU THAT YOU ALREADY KNOW
- PEOPLE WHO CUSS TOO MUCH



[facebook.com/auntyacid](https://www.facebook.com/auntyacid)

**aunty acid** ©AUNTYACID 2018

**We pride ourselves on providing a reliable and efficient transport service to our customers**

# MARLEY'S MAIL - May 2018

Email: [admin@marleys.com.au](mailto:admin@marleys.com.au), website: [www.marleystransport.com.au](http://www.marleystransport.com.au)

A Lightning Bolt strikes so quickly it could circle the globe eight times in just one second

## MARLEY'S REMINDERS

**Inductions:** We have reviewed the requirements for all Marleys site inductions – these have now been amended to be completed every two years instead of yearly. This is effective from May 2018. Notification of any changes will be completed to Truck Drivers via MTData or locally via meetings or site notices.

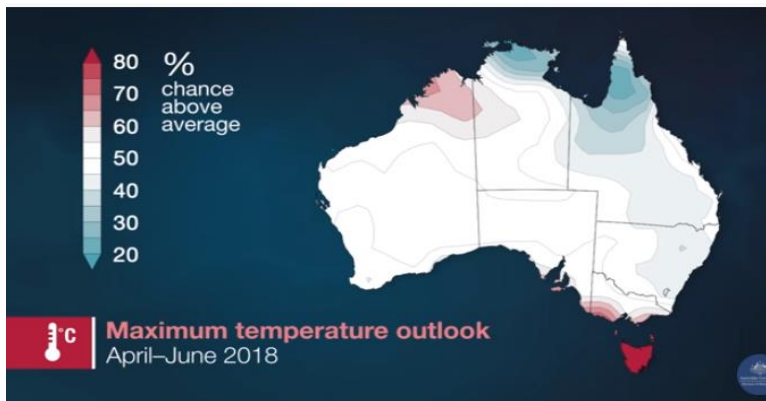
### **Training: – First Aid – Saturday 5<sup>th</sup> May**

This will be held at Marley's Hope Valley in the meeting room with a start date of 8am. If you have been selected or nominated to complete this – don't forget to complete your pre learning requirements.

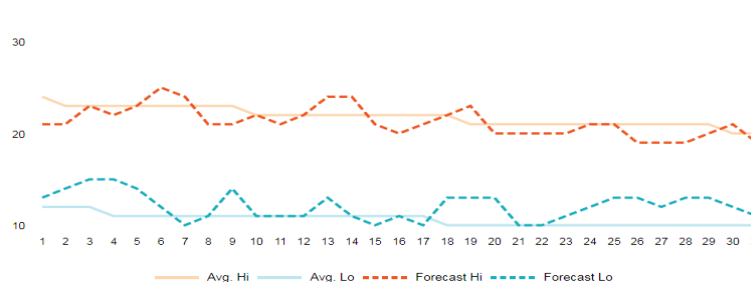
**New Member of the Marleys Team:** - Darren Ward  
- Truck Driver - *welcome aboard*

### **Autumn – Perth Weather – March - May**

it has been predicted that Autumn is likely to experience above average temperatures and a below medium rainfall.



Temperature Graph May 2018



Sunday, May 13<sup>th</sup>

**Mothers Day**

The only person who can love you more than her life is your mother, know her worth and respect her.



**Marley's Sponsorship**  
**Making dreams happen**



**Christison Racing Update**



**Sam #37-** Racing in KA4 Junior - Completed in 2 of 5 rounds at Nationals with mixed results due to some mechanical and tyre issues. Once these were sorted Sam was making good ground and the season looks promising.



**Jamie #38** – was racing cadets, but then elevated up to KA4 with Sam – Jamie finished an impressive 3<sup>rd</sup> and was on the podium on his first race in the junior levels. In addition he also recorded the fastest time in 2 heats.



The boys have a busy schedule for April and May with testing and competing for NSW State Titles and KA Nationals

**WELL DONE**

Live the dream boys and we wish you success

Congrats Ed – you must be so proud of your grandson's

**We pride ourselves on providing a reliable and efficient transport service to our customers**