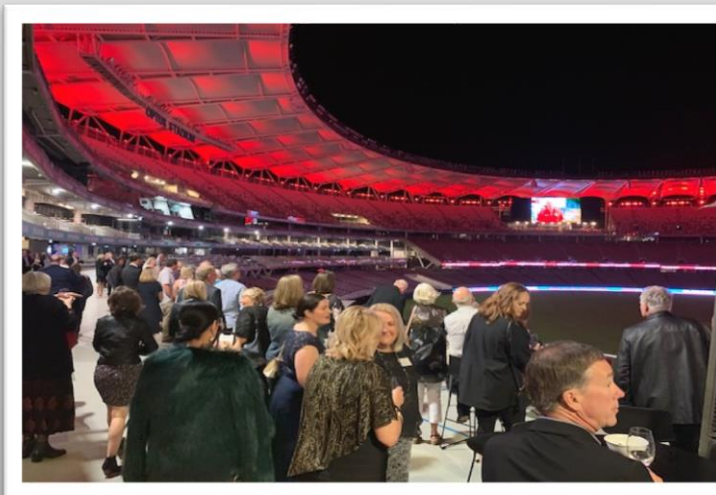
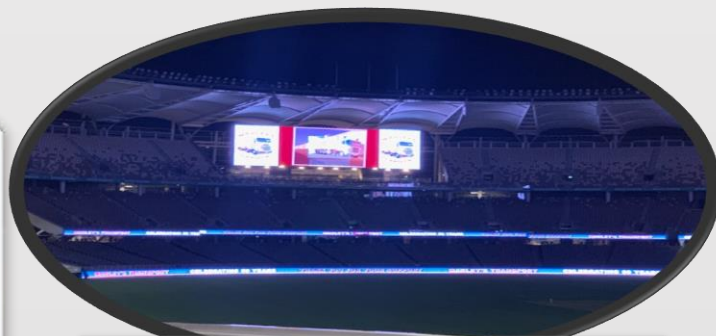




MARLEY'S MAIL – NOVEMBER 2019

Email: admin@marleys.com.au, website: www.marleystransport.com.au

50 year celebration – Saturday 5th October saw Marley's celebrate 50 Years of business with a corporate event held at Optus Stadium. 150 guests attended the event where Marley's showcased the journey over the last 50 years with a specially made video being played on the big screens, a Marley's truck rolling around the LED ribbons and its 50th Anniversary K200 big cab on display at the front gate. It was a fantastic evening enjoyed by all.



Remembrance Day – Armistice Day

World War 1 ended, at 11am on the 11th day of the 11th month in 1918.

Two minute silence to remember the people who have died in wars.

"I LOVE IT WHEN PEOPLE DOUBT ME. IT MAKES ME WORK HARDER TO PROVE THEM WRONG."
- DEREK JETER



Australian Flag

On Remembrance Day Hags are flown at half mast from 10:30am to 11:03am as a sign of mourning and respect. This tradition stems from sailing ships that lowered their sails at sea to honour an important person or mark a death.



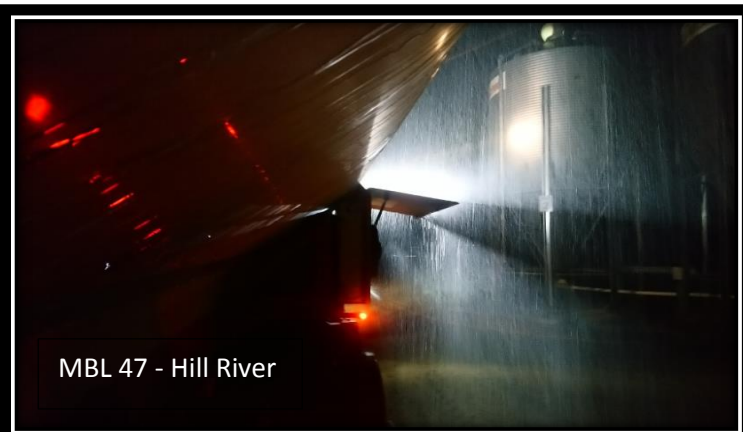
Rosemary

Many people wear a sprig of rosemary on Remembrance Day. Since ancient times this aromatic herb has been recognised as a sign of remembrance and loyalty. It is also significant as this plant grows wild on the Gallipoli peninsula.



Poppies

The Flanders poppy was one of the first plants to grow on the blood soaked battlefields of France and Belgium. Poppies often symbolised as sleep or oblivion. Silk poppies are sold on Remembrance Day with proceeds going to charity.



MBL 47 - Hill River

We pride ourselves on providing a reliable and efficient transport service to our customers



MARLEY'S MAIL – NOVEMBER 2019

Email: admin@marleys.com.au, website: www.marleystransport.com.au



MBL 48 (Mark) & 49 (Dave) unloading at Redmond
Thanks for sharing a moment in your day with us lads.

Happy Birthday To:

Rob Jacobs – 8th
Rebecca Lockyer – 7th
Byron Rodd – 19th
Marcus Watson – 20th
Jeremy Christison – 22nd
Simone Tornago – 22nd

Wishing you all a day full of laughter and happiness and a year that brings you much success

Modes of Transport

V	M	Y	L	T	R	A	I	N	C	A	O	P	S	TRAIN
L	G	O	N	D	O	L	A	P	P	E	L	M	P	PLANE
A	A	A	N	S	A	A	B	L	D	T	E	Y	E	CAR
C	V	Y	M	O	O	B	K	A	C	E	D	T	E	BICYCLE
C	Y	C	O	I	R	C	C	N	T	L	E	B	D	MOTORBIKE
A	R	I	T	T	A	A	E	E	M	C	P	Y	B	MOPED
R	R	T	O	E	D	C	I	C	A	Y	T	O	O	VAN
P	E	T	R	T	E	T	A	L	E	C	O	E	A	TRUCK
E	F	E	B	O	P	C	O	L	O	I	E	T	T	HELICOPTER
H	E	L	I	C	O	P	T	E	R	B	R	H	T	YACHT
I	I	O	K	A	M	L	Y	D	K	U	C	G	E	SEGWAY
D	I	J	E	T	S	K	I	P	C	A	N	S	E	MONORAIL
S	T	S	E	G	W	A	Y	K	Y	L	Y	E	G	FERRY
W	P	E	Y	F	A	B	P	O	E	P	E	L	O	JET SKI
														GONDOLA
														SPEEDBOAT
														PEDELO

HARVEST 2019-20

All relevant information regarding this year's Harvest Mass Management Scheme has now been uploaded into your in-vehicle tablet

Document Library > HMMS Scheme – Roads & Documents

Ensure you have the knowledge

New Members to the Marleys team
Welcome Aboard - Ben Keeling – Driver
Chris Davey – Driver

"TEAMWORK ... Means Never Having To Take All The Blame Yourself."

A wedding band is the smallest handcuff ever made. Be sure to choose your cell-mate wisely.

aunty acid

SUMMER AND THE WARMER WEATHER IS COMING:

Please ensure that you are prepared by:

- Hydration** – Ensuring you have enough water and food to sustain your daily working requirements. The body needs fuel just like the truck. No fuel-No Go.
- Sun Protection** – Slip, Slop, Slap, Seek and Slide

Protect yourself in five ways from skin cancer

10 TIPS FOR BETTER HYDRATION

WATER ISN'T THE ONLY THIRST QUENCHER

FOOD CONTAINS WATER, TOO

GOOD PERFORMANCE REQUIRES HYDRATION

TRACK YOUR HYDRATION

STAYING HYDRATED IS IMPORTANT ON **MANY LEVELS**

BEWARE DRINKING TOO MUCH WATER

HUNGER IS A COMMON SIGN OF DEHYDRATION

THIRST ISN'T THE ONLY SIGN OF DEHYDRATION

STAYING HYDRATED AID: WEIGHT LOSS

Everyone Needs Water! Our Body is 70% Water

Heart	79%
Brain	75%
Liver	86%
Skin	64%
Bones	23%
Muscles	75%
Blood	83%
Lungs	80%
Lymph	94%
Kidneys	83%
Intest.	83%

How sun smart are you?

We pride ourselves on providing a reliable and efficient transport service to our customers